



**I. COURSE DESCRIPTION:**

In this course the learner will continue to develop a holistic approach to nursing. A variety of approaches to learning will be utilized and critical thinking strategies will be emphasized. The learner will explore the care of individuals, families and groups experiencing common chronic physical and mental health challenges requiring rehabilitative, restorative and palliative care.

**II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:**

Upon successful completion of this course, the student will demonstrate the ability to:

1. Describe the impact of illness, grief, loss, death and dying on the client.

Potential Elements of the Performance:

- 1.1 Explain the effects of anxiety on an individual's self-concept and on cognitive, affective, motivational and behaviour patterns.
  - 1.2 Utilize knowledge of the grieving process to plan care for the client.
  - 1.3 Explore attitudes towards mental health and clients experiencing mental health challenges.
2. Plan interventions based on assessments, goals and expected outcomes of individual, families and groups experiencing or predisposed to each of the following chronic health challenges.

Potential Elements of the Performance:

- 2.1 Explain various types of chronic health challenges and acute exacerbation of chronic health challenges associated with various systems including:
  - 2.1.1 Neurological/Special Senses: cerebral palsy, seizure disorders, multiple sclerosis, Parkinson's, attention deficit hyperactivity disorder, ear disorders, eye disorders
  - 2.1.2 Respiratory: Chronic obstructive pulmonary disease, cystic fibrosis.
  - 2.1.3 Gastrointestinal: Cirrhosis, hepatitis, hiatus hernia, peptic ulcers, inflammatory bowel disease, dysphagia
  - 2.1.4 Reproductive: Endometriosis, infertility, benign prostatic hypertrophy
  - 2.1.5 Musculoskeletal: Arthritis, osteoporosis, muscular dystrophy.
  - 2.1.6 Endocrine: Hyper/hypothyroidism, diabetes mellitus.
  - 2.1.7 Immunological: Acquired immune deficiency syndrome, lupus, organ transplant.
  - 2.1.8 Hematological: Anemia, leukemia, hemophilia, polycythemia
  - 2.1.9 Oncologic: Breast cancer, colon cancer, malignant skin disorders, lymphomas.
  - 2.1.10 Mental health: Cognitive disorders, psychotic disorders, mood disorders, substance abuse
  - 2.1.11 Concurrent disorders.

- 2.2 Collaborate with client, family and health team members to determine a plan of care
  - 2.3 Integrate knowledge of pathophysiology, principles of teaching and learning, medications, diagnostic tests, and medical interventions when planning basic to advanced nursing care for client.
  - 2.4 Incorporate knowledge of cultural background, values and beliefs, developmental stage and lifestyle into the client care plan.
  - 2.5 Explore current evidence-based practice when applying the nursing process to clients and families experiencing a chronic health or psychosocial health challenge.
  - 2.6 Considers the determinants of health when applying the nursing process to clients and families experiencing a chronic physical or psychosocial health challenge.
3. Utilize critical thinking strategies when planning nursing care for clients experiencing or predisposed to a common chronic physical or mental health challenge.

Potential Elements of the Performance:

- 3.1 Assess and describe using a framework (ie Gordon's Functional Health
  - 3.2 Patterns/Systems approach) risk factors and safety issues that predispose members of a population to develop common chronic health problems.
  - 3.3 Determine the stage of illness being experienced.
  - 3.4 Explain various types of chronic health challenges (trauma, infection, surgery) and acute exacerbation of chronic health challenges.
  - 3.5 Explore client and family perception of the illness and proposed treatment.
  - 3.6 Identify possible client stressors and their available support systems (financial, psychological, social, emotional, spiritual) as they deal with the impact of a chronic health care problem.
  - 3.7 Assess client and family's knowledge of the chronic health challenge.
  - 3.8 Explore the impact of client's cultural background and their knowledge and belief system on chronic health challenges.
  - 3.9 Determine client's developmental stage and lifestyle.
  - 3.10 Ascertain client's coexisting medical conditions and medication regime.
  - 3.11 Explore attitudes toward mental health and clients experiencing mental health challenges.
4. Identify caring strategies, to promote coping by the client and family with a chronic physical or mental health challenge.

Potential Elements of the Performance:

- 4.1 Appraise client and family concerns.
- 4.2 Identify advocacy issues and follow-up as required/requested by client and family.
- 4.3 Support clients and families to identify appropriate resources within the community.
- 4.4 Plan nursing interventions collaboratively with client and family.
- 4.5 Examine approaches for working with clients and family to ensure cultural safety and sensitivity.

**III. TOPICS:**

The content will be studied under the following concepts:

An individual/family experiencing:

- Chronic illness (physical/mental)
- Rehabilitative/Restorative Care
- Terminal illness
- Palliative Care

1. Chronic Illness
2. Cancer/Oncology
3. Loss, Grief and End of Life Care
4. Mental Health Disorders
5. Respiratory Disorders
6. Neurological, Eye and Ear Disorders
7. Cognitive Disorders
8. Musculoskeletal Disorders
9. Reproductive Disorders
10. Gastrointestinal Disorders
11. Endocrine Disorders
12. Immunological Disorders
13. Hematological Disorders

**IV. REQUIRED RESOURCES/TEXTS/MATERIALS:**

Burke, K., Eby, L.P., & Mohn-Brown, L. (2011). *Medical-surgical nursing care* (3rd ed.) Upper Saddle River, NJ: Prentice Hall

White, L. Duncan, G., & Baumle, W. (2011). *Foundations of maternal & pediatric nursing* (3<sup>rd</sup> ed.) Delmar

Additional texts from semesters 1 and 2.

Sault College LMS/D2L

**V. EVALUATION PROCESS/GRADING SYSTEM:**

- |            |     |
|------------|-----|
| 1. Test #1 | 35% |
| 2. Test #2 | 35% |
| 3. Test #3 | 30% |

**Note:**

1. There are no supplemental tests or rewrites available in this course.
2. Students are to write tests on the dates assigned. Refer to the Student Success Guide for Test/Examination Procedures and Protocol.
3. The pass mark for this course is 60%.

**The following semester grades will be assigned to students:**

| <u>Grade</u> | <u>Definition</u>  | <u>Grade Point Equivalent</u> |
|--------------|--|-------------------------------|
| A+           | 90 – 100%  | 4.00                          |
| A            | 80 – 89%   |                               |
| B            | 70 - 79%   | 3.00                          |
| C            | 60 - 69%   | 2.00                          |
| D            | 50 – 59%   | 1.00                          |
| F (Fail)     | 49% and below  | 0.00                          |
| CR (Credit)  | Credit for diploma requirements has been awarded.  |                               |
| S            | Satisfactory achievement in field /clinical placement or non-graded subject area.  |                               |
| U            | Unsatisfactory achievement in field/clinical placement or non-graded subject area.   |                               |
| X            | A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course. |                               |
| NR           | Grade not reported to Registrar's office.  |                               |
| W            | Student has withdrawn from the course without academic penalty.  |                               |

**VI. SPECIAL NOTES:**

Attendance:

Sault College is committed to student success. There is a direct correlation between academic performance and class attendance; therefore, for the benefit of all its constituents, all students are encouraged to attend all of their scheduled learning and evaluation sessions. This implies arriving on time and remaining for the duration of the scheduled session.

LMS:

This course's LMS site, its features, and its contents are for the exclusive use of Practical Nursing students registered in this section of this course. The information contained herein is privileged and confidential. Any unauthorized use, dissemination, or copying is strictly prohibited.

Cell Phones:

Cell phones are to be turned off during class time and on test days.

**VII. COURSE OUTLINE ADDENDUM:**

The provisions contained in the addendum located on the portal and LMS form part of this course outline.